

Recycling and Composting

More and Less

We can
help keep
the Earth
healthy.

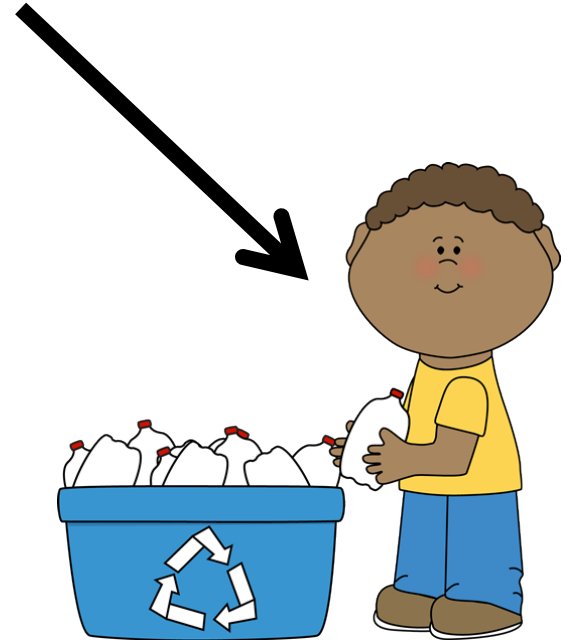
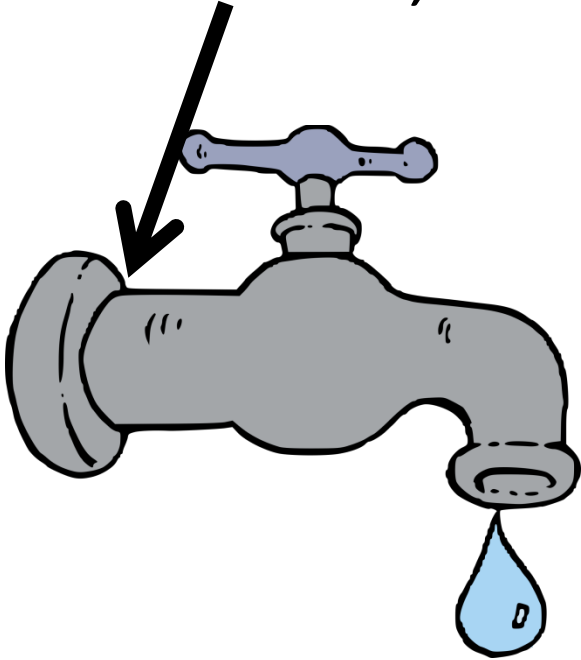
We can reduce
using energy,
water, and
materials like
paper and
plastic.

We can re-use
objects and re-
purpose them
to use them in
different ways.

We can recycle
plastic with
numbers 1-7 on
them, tin cans,
aluminum cans,
glass, and paper.

We can save our
food scrapings
to make
compost for our
gardens.

Reduce, reuse, recycle



More and Less



Finger play:

Use it again or make it something
new (hands mix)

That's what good recyclers do!
(clap)



Songs from Growing Up WILD sung to *Twinkle, Twinkle Little Star*.

Sharing with our friends is fun. (Sing in a circle.)

Try to share with everyone. (Hands go out to sides.)

Using less we all get more. (Hands go together/small and then wide apart.)

That's what sharing's really for. (Cheer!)

Sharing with our friends is fun. (Sing in a circle.)

Try to share with everyone. (Hands go out to sides.)



Sung to *Pop goes the Weasel*

Reduce, (Hands go from big to small.),

reuse (Hands circle each other.),

recycle (Hands put object in a pretend recycle bin.).

Reduce, (Hands go from big to small.),

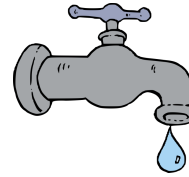
reuse (Hands circle each other.),

recycle (Hands put object in a pretend recycle bin.).

When we use less (Hands swipe apart.),

we all get more (hands go way out to the sides.).

Let's all use less! (Clap!)



Sung to *If You're Happy and You Know It*

If you're trying to use less (hands together) clap your hands—clap, clap.

If you're trying to use less (hands together) clap your hands—clap, clap.

When we're using less (hands together), we're showing



That we're caring (hug yourself) for the friends we're knowing.

If you're trying to use less (hands together) clap your hands—clap, clap.

Everybody Had Some Worms

(To the tune of "Old McDonald's Farm")

Everybody had some worms, (wiggle fingers)



In a compost bin.

And all these worms made healthy soil (wiggle fingers)

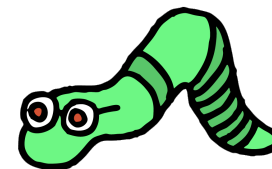
In a compost bin.

With a squiggle, squiggle here and a squiggle, squiggle there, (move side to side)

Here a squiggle, there a squiggle everywhere a squiggle, squiggle. (move side to side)

Everybody loved their worms (wiggle fingers)

In their compost bin.



Worm Bin Boogie *(To the tune of “Hokey Pokey”)*

You put the worms in and take some worm dirt out. (hands in and out)

You put the worms in and compost all about. (hands mixing)

You do the Worm Bin Boogie and you save the environment. (turning in a circle)

That’s what it’s all about. (clap, clap)

You put some water in and keep the worms in the dark. (pretending to water, and cover eyes)

You put some water in and give your worms some air. (blowing puff)

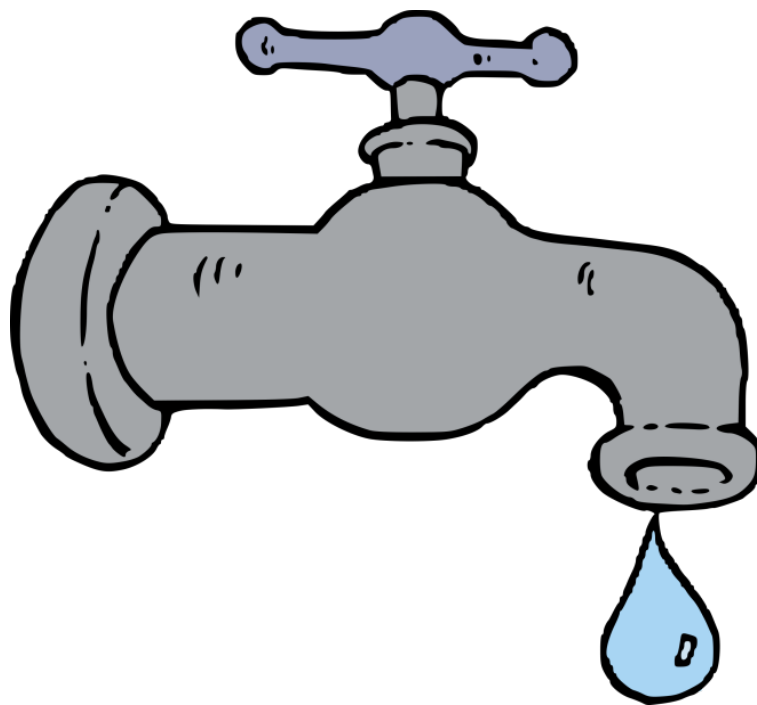
You do the Worm Bin Boogie and save the environment. (turning in the other direction)

That’s what it’s all about. (clap, clap)

<http://resourcefulschools.org/sing-along-composting-songs>



Using less is what I do,



Or making things into something new.



Sorting is how I begin,



To find the things for the recycling
bin!



Reduce, Reuse, Recycle Inventory!

Take an inventory of your house—how can you help the planet by using less?

- What can you do to use less energy and less water?
- What can you reuse so you use fewer things?
- What can you make into something new?
- What things will you be able to recycle?



Conservation Snack!

Let's think GREEN!

- Is there some leftover food you can **reuse**?
- How can you prepare your snack **reducing**=conserving water and energy?
- Can you **recycle** a container or compost your scraps?



You can make your own recycling bin!

- Get a box.



- Cut out the recycling symbol.



- Glue the symbol on the box.



Recycle symbol for making a recycling box



Compost Soup

You can make a compost soup craft:



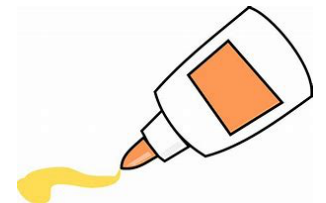
- First find a paper bowl or reused plastic container.

- Then cut out the the food pictures.

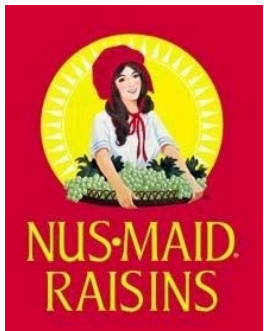
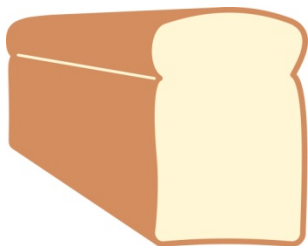
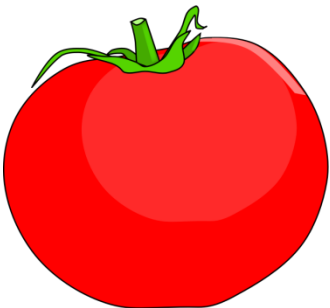
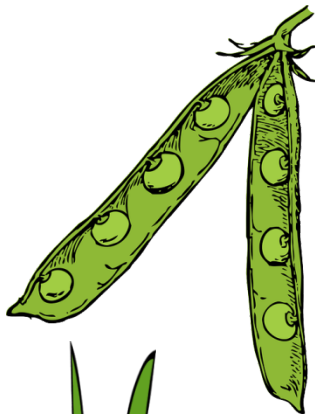


- Finally glue them on the bowl, and you have

Compost Soup!



Pictures for Compost Soup craft



Reuse a plastic produce container to make a compost bin!

- Poke holes in the lid.
- Put a layer of soil at the bottom.
- Place some rotting food on the soil.
- Place a layer of shredded paper on the food.
- Spray the paper layer to moisten.
- (If you can dig up some worms, put them in the bin.)
- Place a layer of dry shredded paper on top.
- Cover with a piece of paper.
- Put on the lid.
- If you have worms put a piece of rotting food in each week.
- If you don't have worms, moisten and turn over once each week.



Holidays are a great time to recycle!

Reuse wrapping paper!

What are some ways you can reuse wrapping paper?

- You can wrap somethings else in it.
- You can paint a picture on it.
- You can glue it on a jar to make a vase.



Reuse cards!

What are some ways you can reuse cards?

- You can cut up cards and make a collage.
- You can decorate a box with pictures from the cards.
- You can _____?



You can make gifts reusing things around the house!

You can make wrapping paper

- What kind of paper can you reuse—a brown paper bag or a large envelope?
- Now you can draw, or paint or glue things on it and you have wrapping paper.
- You can use a box and you have a gift box!



You can make cards!

- What can you use for your card--a piece of cardboard from a package, a thin piece of Styrofoam?
- Now cut up old cards, wrapping paper and ribbons and use them to decorate your card.



You can make a mini-book!

- Fold the paper in half
- Then in half again.

